

# RAMBLING RIVER CENTER THE RIVER

July/August 2025



**Rambling River Center**  
7:30 am – 3:30 pm • M-F

### Contact Information

651-280-6970  
325 Oak St.  
Farmington, MN 55024  
[FarmingtonMN.gov](http://FarmingtonMN.gov)  
**Recreation Supervisor**  
Missie Kohlbeck  
[MKohlbeck@FarmingtonMN.gov](mailto:MKohlbeck@FarmingtonMN.gov)  
**Recreation Program Assistant**  
Stacey Popp  
[SPopp@FarmingtonMN.gov](mailto:SPopp@FarmingtonMN.gov)

### RRC Advisory Board Members

Rachel Edwards • Mary Garlets  
Pat Hennen • Judy Janke • Pennie Page  
Blanche Reichert • Jeff Spillman

CAP - Meals on Wheels • 612-940-9590  
Transit Link Rides • 651-602-5465  
Senior Linkage Line • 1-800-333-2433  
Veteran's Linkage Line • 1-888-546-5838

### Farmington Rotary & Rambling River Center Raffle



\$52 Raffle Ticket Cost  
\$6,200 in Prizes  
52 - \$100 prizes: 1 each week  
4 - \$250 prizes: 1 each quarter

Only 300 tickets will be sold so get yours today! Each name drawn will be thrown back in for the next drawing, meaning you are eligible to win every drawing. That's 56 times to win, less than a dollar a drawing! First prize awarded Tuesday, September, 9. Cash or check only, checks made out to the Farmington Rotary.

“Committed to providing quality programs and services, while encouraging the involvement of adults over age 50 in the Farmington Community.”

# MOVING IN

## Thriving Thursdays

### RRC Van

Thriving Thursdays (previously Tasty Tuesdays) are short trips to restaurants in surrounding communities using the van. Fee is for the van only. Meals are on your own.

Cost: \$8 m, \$18 nm

Deadline: Friday prior to each trip

Van will pick up behind Fire Station 1, 21625 Denmark Ave.

July 10 Date Change	Gasthaus Bavarian Hunter, Stillwater	10:30 am
July 17	Olive Garden, Burnsville	10:30 am
Aug. 7	Crooked Pint, Chaska	10:30 am
Aug.21	Boulavard, West St. Paul	10:30 am
Sept. 4	Charlies On Prior, Prior Lake	10:30 am

## Scandia with Dough Ohman ★★

### Motorcoach

Meet expert tour guide and speaker, Dough Ohman, to learn about the Swedish immigration in Minnesota. Keep an eye out for barn quilts and statues of Dala horses as you make your way through the rural countryside around Scandia. Dough has incorporated a variety of historic sites on this riding tour. Possible stops will be made at Swedish farmsteads, Churches, Cemetery, School, or Museum Have a Swedish luncheon in the area..



Day	Date	Time	Cost
Th	Sep. 25	8:45 am - 4:45 pm	\$97 m, \$107 nm

## Don't Forget★

• "Beauty and the Beast"

August 14



## Welch Mill Kayaking on the Cannon River ★★★

### RRC Van

We will take a 5-mile kayak trip for boaters of any experience level.

Day	Date	Time	Cost
F	Aug. 1	12 - 3:30 pm	\$55 m, \$65 nm

## Fall Fun★★

### RRC Van

We will visit the Frontenac Hills Orchard, lunch at Kelly's on the river in Red Wing.

Day	Date	Time	Cost
W	Oct. 1	9:30 am - 4 pm	\$8 m, \$18 nm

## Spirit on The Water

### Treasure Island Casino★★

### Motorcoach

Watch for more information on this early September trip! We will go to Treasure Island have 2 hours of gaming, go on a luncheon cruise and game for 2 more hours. Details available soon.

Day	Date	Time	Cost
TBA	TBA	TBA	TBA

## Activity Level Scale

This scale is an approximate guide of the activity and physical ability required for a class or a trip.

★ = Passive

★★ = Active

★★★ = Vigorous

# TRIPS & TOURS

## Red Barn Pizza ★★★

### Motorcoach

Their 10-acre farm is yours to explore; visit the horses & chickens, have a local brew, play some games or check out our pesticide-free gardens, where we grow tomatoes, peppers, onions, basil and other seasonal veggies to top the pizzas. Our dough is made in-house and is vegan. Music by Zander. Pizza and drinks are on your own.

Day	Date	Time	Cost
Th	Sept. 17	3:30 pm - 7 pm	\$8 m, \$18 nm

**Have a trip idea?  
Share it with  
Missie or Stacey!**



## Halloween Havoc Tour ★★

### RRC Van

We will be creating a tour of houses with awesome Halloween displays. After driving by and viewing the displays we will stop for dinner on your own at Newts.

Day	Date	Time	Cost
W	Oct. 22	5 - 8 pm	\$8 m, \$18 nm

## Fall Migration Tour ★★★

### Motorcoach

Jim Nissen, Wildlife Tour Interpreter, will lead our tour. We will view species of waterfowl, raptors and shorebirds moving from their northern summer nesting areas to warmer southern wintering grounds. Spectacular tundra swans, majestic eagles, ducks and geese use this migration corridor. Stops along the route will extend into the La Crosse area. Bring your binoculars. Lunch will be at Blue Moon Restaurant in Onalaska, WI. Lunch includes soup, sandwich, homemade potato chips, and cookie. Other stops include L.A.R.K. Toy Factory, and the Onalaska Upper Mississippi River National Fish & Wildlife Refuge Visitor Center.

Day	Date	Time	Cost
M	Nov. 10	8 am - 6 pm	\$103 m, \$113 nm

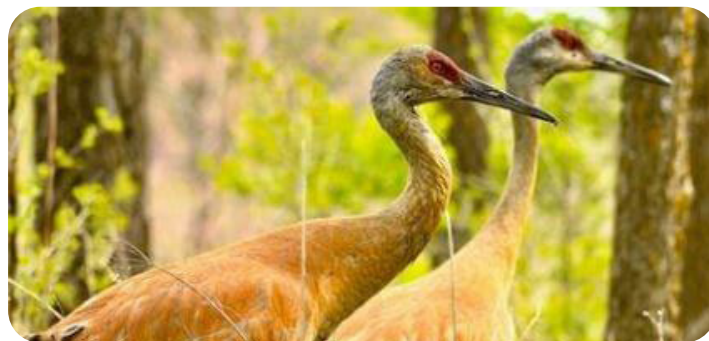


## St. Paul Ghosts and Gables Haunted Tour ★★

### Motorcoach

Victorian ghost guide through historic Saint Paul to hear thrilling tales of haunting. Designed to give you a bit of a tingle, a shiver or a laugh while learning some interesting history. etery, School, or Museum Have a Swedish luncheon in the area. Lunch will be at the St. Paul Grill in the St. Paul Hotel.

Day	Date	Time	Cost
Tu	Oct. 14	9:45 am - 3:15 pm	\$92 m, \$102 nm



# HEALTHY LIVING

VITA ATTIVA'S 2ND ANNUAL

## PICKLEBALL PALOOZA

**JULY 26, 2025**  
9:00AM - 2:00PM

- TEAM TOURNAMENT  
LIMITED REGISTRATION
- RECREATIONAL PLAY
- CORNHOLE
- BOCCE BALL
- BARBEQUE
- PROGRAM DEMONSTRATION  
BY THE RAMBLING RIVER CENTER

VITA ATTIVA  
AT SOUTH CREEK  
5243 217<sup>TH</sup> ST W, FARMINGTON



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**KNO WOODWORKS**  
MINNEAPOLIS MN

## Yoga

The beauty of yoga practice - whether it's your first time or your 20th year, you always start with what you have and nothing more. Room will vary.

Rambling River Center, 325 Oak St.			
Instructor: Jessica Christenson			
Day	Date	Time	Cost
W	July 9, 16, 23, 30	5 pm	\$28 m, \$38 nm
W	Aug. 6, 13, 20, 27	5 pm	\$28 m, \$38 nm

Rambling River Center, 325 Oak St.			
Instructor: Stacey Popp			
Day	Date	Time	Drop In Cost
F	Ongoing	1 pm	\$5 m, \$8 nm



## Sit & Get Fit

Chair exercises are beneficial to build strength, improve, flexibility and enhance mobility while providing a stable base support.

Instructor: RRC Volunteer Instructors			
Day	Date	Time	Cost
Th	Ongoing	9 am	Free m, \$6 nm

## Meditation

We will discuss the benefits of meditation and how to practice it. Then we will go into a 20-30 minute meditation together. Peace can be amplified with more people, so join us for your health and wellness.

Instructor: Beth Abkes-Moore			
Day	Date	Time	Cost
Th	Ongoing	11 am	Free m, \$6 nm

## Free Member Fitness Class

Day	Class	Time	Instructor
M/Th	Core	10 am	Jeff Spillman
M	Walk/Bike/Ski no class 2nd M each month	11 am	Jeff Spillman
Tu/F	SAIL	9 am	Mary Garlets
Tu/F	Chair Yoga	10:15 am	Stacey Popp
W	Move with Mary	11:30 am	Mary Garlets
W	Cardio	1 pm	Stacey Popp
Th	Sit & Get Fit	9 am	RRC Volunteer
Th	Meditation	11 am	Beth Akes-Moore

## Hospice Basics

### MN Hospice

Misconceptions about hospice care can create hesitation in seeking the support families deserve. We will ensure you have the facts needed to make informed choices for your loved ones. Hospice care offers more than many realize—it's about creating meaningful experiences, providing relief, and supporting families every step of the way.

Day	Date	Time	Cost
Th	Aug. 7	1 pm	Free m, \$6 nm



**Stay Active  
& Independent  
for Life (SAIL)**

a strength, balance, and fitness class for adults 65+

### Why Sail?

SAIL = Stay Active and Independent for Life

SAIL was developed as a result of the Washington State Department of Health's Senior Falls and Prevention Staff and funded by the Centers for Disease Control and Prevention. It was created by Volunteers of America and Seniors Corps. It is a strength, balance and fitness class designed for adults 65 and over, led by Mary.

It Works - You will be stronger.

It's Fun - You will make new friends

It's Safe- Instructors are trained RSVP and VOA Wellness Leaders



## The Foot Nurse

### Mobile Foot Care By Registered Nurses

They will trim toenails, manage fungal nails, reduce corn/callus, and provide diabetic foot care. Call them to schedule your appointment at 651-829-3944.

Fire Station 1, 21625 Denmark Ave.			
Day	Date	Time	Cost
1st Tu of the month	Ongoing	Varies by appointment	\$60 m \$65 nm



## Biking Club

Biking participants must have a bike and helmet. We will meet at the RRC green space on the west side of building each Monday to discuss location

Instructor: Jeff Spillman			
Various Trials call 651-280-6970 for weekly location			
Day	Date	Time	Cost
M	Ongoing	11 am	Free m, \$6 nm

## Zumba Gold

Zumba Gold is an easy-to-follow program that lets you move to the beat at your own speed. The Zumba Gold Live it Up! System is the total-body wellness program that feels like a party while it revitalizes your mind and body. No dance experience is necessary

Day	Time	Cost
M	11 am	\$5 m, \$7 nm

# PROGRAMS

## Thursdays with a Movie

This is a great event to invite your friends to, all the movies are free.

Fire Station 1, 21625 Denmark Ave		
Date	Movie	Time
July 17	"Stil: A Michael J. Fox Movie. Fox, 62, diagnosed with Parkinson's disease reveals how he copes with pain and muscle tremors — and that his quick wit remains utterly unimpaired	1 pm
Aug. 21	"Thelma" Thelma Post is a 93-year-old grandmother who loses \$10,000 to a con artist on the phone. With help from a friend and his motorized scooter, she soon embarks on a treacherous journey across Los Angeles to reclaim what was taken from her.	1 pm

## Local Author, Dawn Marcotte "Filling the Blank Page"

Join us as we hear more about local author Dawn Marcotte's new book "Filling the Blank Page". Her book, Filling the Blank Page: How to Build a Retirement of Passion and Purpose, is all about the NON financial aspects of planning for retirement. I provide a framework to help people understand the social, intellectual, emotional and psychological changes that come with retirement. But more than that my book provides a step-by-step process to prepare for these changes.

Day	Date	Time	Cost
W	July 9	1 pm	Free m, \$6 nm



### FARMINGTON POP UP PRODUCE

BACK AT

### RAMBLING RIVER CENTER!

325 OAK ST, FARMINGTON, MN 55024

FREE PRODUCE, PANTRY ITEMS, DAIRY & MEAT. AS SUPPLIES LAST!

**3p - 4:30p**

3rd Tuesday of the month:  
7/15, 8/19, 9/16, 10/21, 11/18, 12/16

To receive schedule updates text CORN  
to 651-370-8095

No Appointment Required

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made possible by



### LA DISTRIBUCION DE FARMINGTON

REGRESA A

### RAMBLING RIVER CENTER

325 OAK ST, FARMINGTON, MN 55024

Alimentos Frescos y saludables Gratis

**3p - 4:30p**

Martes:  
15 de julio, 19 de agosto, 16 de septiembre,  
21 de octubre, 18 de noviembre, 16 de diciembre

Para recibir mensajes actualizados manda la  
palabra MAIZ al 651-370-8095

No Se Requiere Cita

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made possible by



## Design Your Own Modern Estate Plan Ed Kaiser

The basic program description would be: Learn the fundamentals of estate planning and about new, modern tools that you can utilize to create and maintain a sensible, and effective, estate plan.



Day	Date	Time	Cost
Th	July 10	1 pm	Free m, \$6 nm

# PROGRAMS



## Veteran's Recognition and Thank You Coffee

Please join for coffee and rolls to celebrate veteran's and their service. All Veteran's are welcome!

Day	Date	Time
W	July 2	9 am

## Relieving Neuropathy

### Align Integrated Health

A local wellness profession will be presenting this workshop on alleviating and healing neurological disorders. Topics to be discussed include;

- Defining Neuropathy
- Types of Neuropathy
- Fibromyalgia
- Symptoms of Neuropathy
- Preventing Neuropathy
- Diabetic Neuropathy.

Day	Date	Time	Cost
W	Aug. 20	12 pm	Free/m, \$5/nm



## Mahjong

Calling all those who want to play or learn to play Mahjong! Mahjong is a tile-based game that originated in China in the 19th century. It is a game of skill, strategy, and luck, and has become popular worldwide. The game involves matching tiles to form sets and sequences.

Day	Date	Time	Cost
W	Ongoing	9 am	Free m, \$6 nm

## Mexican Train Dominos

Let's Play Mexican Train Dominoes! This is a game played with a set of double-six dominoes. The main objective is to be the first player to play all your dominoes or have the fewest points remaining at the end.

Day	Date	Time	Cost
W	Ongoing	2 pm	Free m, \$6 nm

## Book Club

Love to read and chat about great stories? Come join our book club! We meet monthly to discuss books, share ideas, and enjoy each other's company. Everyone is welcome bring a friend!

Fire Station 1, 21625 Denmark Ave			
Free/m, \$5/nm			
Day	Date	Time	Book
W	July 16	2 pm	"Air Raid" by Annie Lyons
W	Aug. 20	2 pm	"The Black Echo" by Michael Connelley



## Women's Coffee

Join this group of friendly women for a cup of coffee and lots of fun discussion!

Day	Date	Time	Where	Cost
Tu	Ongoing	11 am	RRC	Free m, \$6 nm

# JULY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 7:30 The Foot Nurse 9:00 SAIL 11:00 Women's Coffee 11:00 Embroidery 1:00 Woodcarvers	<b>2</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 Veteran's Recognition 9:00 MahJong 10:00 Coloring 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 2:00 Mexican Train Dominoes	<b>3</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 10:30 Gasthaus Barvarian Hunter 11:00 Mediation	<b>4</b> CLOSED
<b>7</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:00 Core 11:00 Zumba Gold 11:00 Walk/Bike/Ski 12:00 Recycled Cards	<b>8</b> 9:00 SAIL 11:00 Women's Coffee 11:00 Embroidery 1:00 Woodcarvers	<b>9</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Coloring 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 1:00 Local Author Dawn Marcotte 2:00 Mexican Train Dominoes 5:00 Yoga	<b>10</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 10:30 Gasthaus Barvarian Hunter Date Change 11:00 Mediation 1:00 Design Your Own Modern Estate Plan 7:00 Model Railroad Club	<b>11</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:30 Bingo 1:00 Yoga
<b>14</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:30 Advisory Board Meeting 10:00 Core 11:00 Zumba Gold 12:00 Recycled Cards	<b>15</b> 9:00 SAIL 11:00 Women's Coffee 11:00 Embroidery 1:00 Woodcarvers 3:00 Open Door	<b>16</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Coloring 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 2:00 Book Club 2:00 Mexican Train Dominoes 5:00 Yoga	<b>17</b> 9:00 Sit & Get Fit 9:30 Stillwater River Cruise 10:00 Pinochle 10:00 Core 10:30 Olive Garden 11:00 Mediation 1:00 Movie	<b>18</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:30 Bingo 1:00 Yoga 7:00 Prty in the Park
<b>21</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:00 Core 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards	<b>22</b> 9:00 SAIL 10:05 Chair Yoga 11:00 Women's Coffee 11:00 Embroidery 1:00 Woodcarvers	<b>23</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Coloring 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 2:00 Mexican Train Dominoes 5:00 Yoga	<b>24</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 11:00 Mediation	<b>25</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:30 Bingo 1:00 Yoga
<b>28</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:00 Core 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards	<b>29</b> 9:00 SAIL 11:00 Women's Coffee 11:00 Embroidery 1:00 Woodcarvers	<b>30</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Coloring 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 2:00 Mexican Train Dominoes 5:00 Yoga 7:00 Music in the Park	<b>31</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 11:00 Mediation	

# AUGUST CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:30 Bingo 1:00 Yoga
<b>4</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:00 Core 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards	<b>5</b> 7:30 The Foot Nurse 9:00 SAIL 10:05 Chair Yoga 11:00 Women's Coffee 11:00 Embroidery 1:00 Woodcarvers	<b>6</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Coloring 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio Local Author Dawn Marcotte Mexican Train Dominoes Yog 2:00 5:00	<b>7</b> 9:00 Sit & Get Fit 10:00 Blood Drive 10:00 Pinochle 10:00 Core 10:30 Crooked Pint 11:00 Mediation 11:45 Fitness Ctr Orientation Hospice Basics 1:00	<b>8</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:30 Bingo 11:00 Embroidery 1:00 Yoga
<b>11</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:30 Advisory Board Meeting 10:00 Core 11:00 Zumba Gold 12:00 Recycled Cards	<b>12</b> 9:00 SAIL 11:00 Women's Coffee 11:00 Embroidery 1:00 Woodcarvers	<b>13</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Coloring 10:00 Ribbon Cutting Celebration 11:30 Move with Mary 1:00 Cardio 1:00 Local Author Dawn Marcotte Mexican Train Dominoes Yog 2:00 5:00	<b>14</b> 9:00 Sit & Get Fit 10:00 Blood Drive 10:00 Pinochle 10:00 Core 11:00 Mediation 11:15 Beauty & the Beast 11:45 Fitness Ctr Orientation Model Railroad Club 7:00	<b>15</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:30 Bingo 1:00 Yoga
<b>18</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:00 Core 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards	<b>19</b> 9:00 SAIL 11:00 Women's Coffee 11:00 Embroidery 1:00 Woodcarvers 3:00 Open Door	<b>20</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Coloring 11:30 Move with Mary 1:00 Cardio 1:00 Coloring 12:00 Nueropathy 2:00 Book Club 2:00 Mexican Train Dominoes Yoga 5:00	<b>21</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 10:30 Boulevard 11:00 Mediation 11:45 Fitness Ctr Orientation Movie 1:00	<b>22</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:30 Bingo 1:00 Yoga
<b>25</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:00 Core 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards	<b>26</b> 9:00 SAIL 10:05 Chair Yoga 11:00 Women's Coffee 11:00 Embroidery 1:00 Woodcarvers	<b>27</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Coloring 10:00 Newsletter Mailing Prep 11:30 Move with Mary 1:00 Cardio 1:00 Coloring 2:00 Mexican Train Dominoes Yoga 5:00 7:00 Music in the Park	<b>28</b> 9:00 Sit & Get Fit 10:00 Blood Drive 10:00 Pinochle 10:00 Core 11:00 Mediation 11:45 Fitness Ctr	<b>29</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:30 Bingo 1:00 Yoga

# NEED TO KNOW

## Party in the Park

Free fun for the whole family! Join us for games, crafts, water balloons, and music by Kidsdance followed by the movie "IF" at dusk. Don't miss this celebration of Farmington Parks and Recreation!

Lake Julia Park, 5105 187th St. W			
Day	Date	Time	Cost
F	July 18	7 pm	Free



## Fred the Bear

Americana, country and alternative rock.

**Sponsors:** Castle Rock Bank, Farmington Youth Hockey Association, Farmington Liquors, Hobo, Sierra Juhl State Farm, and VFW Post 7662.

Rambling River Park, 17 Elm St.			
Day	Date	Time	Cost
W	July 23	7 pm	Free



## Riverside Rockets

1950's Rock and Roll at its finest!

**Sponsors:** Castle Rock Bank, Farmington Youth Hockey Association, Hobo, Sierra Juhl State Farm, The Legacy, Trinity, and VFW Post 7662.

Rambling River Park, 17 Elm St.			
Day	Date	Time	Cost
W	Aug. 27	7 pm	Free

Music in the Park Inclement Weather  
 Rambling River Center Banquet Room,  
 325 Oak St.  
 Don't miss these acts!

## Special Thanks to Marschall Line



They will be at all our events with a bus, facepainting, and free popcorn. Thanks Marschall Line!

## National Night Out (NNO)

Your Neighborhood		
Day	Date	Time
Tu	Aug. 5	5-9 pm

The annual National Night Out (NNO) event is on Tuesday, Aug. 5! Police and fire are excited to visit neighborhood celebrations this year. To receive a visit from one or both of the departments, you must register your neighborhood party. The link to register will be posted in July. Get more information on the annual event at <https://natw.org/>.

This year we will continue the tradition of collecting items for the Farmington Food Shelf. Let's see how many pounds of donations we can get! Find the food shelf's most needed food, personal care, and cleaning items at [FarmingtonMN.gov/FoodShelf](https://FarmingtonMN.gov/FoodShelf).



Police, Fire and Mayor Hoyt visit neighbors on National Night Out 2024.

Questions about a community engagement event? Contact Sergeant Bellows at [ABellows@FarmingtonMN.gov](mailto:ABellows@FarmingtonMN.gov) or Officer Chu at [MChu@FarmingtonMN.gov](mailto:MChu@FarmingtonMN.gov)

# SPONSORS

## CASTLE ROCK BANK



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22140 Chippendale Ave. W.  
Farmington, MN  
651-463-4014

Castle Rock Office  
27925 Danville Ave.  
Castle Rock, MN  
651-463-7590

Randolph Office  
3190 290th St. E  
Randolph, MN  
507-403-2777

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Senior Days  
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651-280-6930



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**Medicare Made Simple**

### MEET IN-PERSON WITH A COUNSELOR

Schedule a one-hour meeting to get answers to your questions. Our Medicare counselors are trained and certified by the Senior LinkAge Line.



The Senior LinkAge Line® is a free, statewide service of the Minnesota Board on Aging in partnership with Trellis, the area agency on aging for the Twin Cities metro area.

**mi MINNESOTA**  
SENIOR LINKAGE LINE

**MEDICARE COUNSELING AVAILABLE NOW**  
Schedule an appointment at [trellisconnects.org/medicareapp](http://trellisconnects.org/medicareapp)  
Call us at 800-333-2433 or TTY 711



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**PRECISION**  
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A DIVISION OF ST. CLOUD STATE UNIVERSITY



Your Ad  
Here

PLACE LABEL HERE

City of Farmington  
Rambling River Center  
325 Oak Street  
Farmington, MN 55024

STANDARD RATE  
PAID  
Permit #36  
Farmington, MN 55024

# HAPPY BIRTHDAY

## JULY



- 1 Linda Halvorson
- 2 Pamela Rettler
- 2 Sandi Schilder
- 3 David Finseth
- 3 Joan Storlie
- 4 Peggy Reiersen
- 6 Michelle McGlaughlin
- 6 Mary Schmidt
- 7 Pam Schoolmeester
- 8 Nancy Akin
- 8 Mary Jo Thelen
- 8 Loren Campbell
- 9 Phylis Blee
- 9 Bob Heinle
- 9 Michael Myers
- 11 Catherine Kamen
- 11 Lois Untinen
- 12 Julia Amundsen
- 14 Julie Boetleher
- 14 Harvey Loven
- 14 Nory Scholten
- 15 Arlene Wefers
- 16 Mary Garlets
- 16 Betty Sickler
- 17 Nita Wind
- 18 Jerry Perry
- 21 Beth Gulsvig
- 22 Joan McIntire
- 22 Catherine Murphy

- 25 Mel Kunde
- 25 Dennis Michaelis
- 27 Theresa Czech
- 27 Steve Farnsworth
- 31 Pat Hennen

## AUGUST



- 5 Deb Full
- 5 Ruth Holmes
- 5 David Seipp
- 5 Marlene Swantek
- 6 Denise Miller
- 7 Sandy Weber
- 8 Carol Sprute
- 9 Lynn Royce
- 10 Peggy Vought
- 12 Mary Schwendig
- 14 Betsy Kitner
- 14 Virginia Trevis
- 16 Lois Wear
- 18 Retta Kotok
- 19 Verlyn Johnson
- 20 Nancy Asher
- 20 Lona Grayhead
- 20 Lois Lotze
- 21 Fred Dilger
- 22 Marline Menke
- 24 Nina Clark
- 24 Diane Walgmuth
- 26 Susan Bastian
- 29 Diane Dies
- 31 LeeAnn Lehto