

# RAMBLING RIVER CENTER THE RIVER

November/December 2025

## Let's Make Music

### Presented by the Schubert Club Music Museum

Musician, Ross Sutter, will be here to teach us the basics of playing a one string dulcimer. You will be amazed at how easy and fun it is! We will offer two sessions of learning to play with a mini concert from Ross and box lunch in between.

Day	Date	Time	Cost
Th	Nov. 13	11 am	Free m, \$6 nm
Th	Nov. 13	12 pm	Box lunch \$15
Th	Nov. 13	1 pm	Free m, \$6 nm



## Rambling River Center

325 Oak St., Farmington, MN 55024  
7:30 am – 3:30 pm • M-F

Membership \$41 Annually  
Financial Support Grants \$25 Annually  
Non Member Programs Pass \$6  
Non Member use of McKnight Fitness Ctr \$10

## Contact Information

651-280-6970

### Recreation Supervisor

Missie Kohlbeck

[MKohlbeck@FarmingtonMN.Gov](mailto:MKohlbeck@FarmingtonMN.Gov)

### Recreation Program Assistant

Stacey Popp

[SPopp@FarmingtonMN.Gov](mailto:SPopp@FarmingtonMN.Gov)

## RRC Advisory Board Members

Rachel Edwards • Mary Garlets  
Pat Hennen • Judy Janke • Pennie Page  
Blanche Reichert • Jeff Spillman

CAP - Meals on Wheels • 612-940-9590

Transit Link Rides • 651-602-5465

MN Aging Pathways • 1-800-333-2433

Veteran's Linkage Line • 1-888-546-5838

## Rotary and Seniors Holiday Party

Don't miss this annual favorite! Enjoy holiday entertainment and a meal along with our friends from the Farmington Rotary. The first 100 tickets are free, courtesy of Finch and Daisy

Day	Date	Time	Cost
Tu	Dec. 16	11 am doors open Noon meal served	First 100 free then \$10



“Committed to providing quality programs and services, while encouraging the involvement of adults over age 50 in the Farmington Community.”

# TRIPS & TOURS



## Thrilling Thursdays

### RRC Van

Thrilling Thursdays (previously Tasty Tuesdays) are short trips to restaurants in surrounding communities using the van. Fee is for the van only. Meals are on your own.

Cost: \$8 m, \$18 nm

Deadline: Friday prior to each trip

Van will pick up in front of RRC

Nov. 6	Rancho Loco, Cannon Falls	10:30 am
Nov. 20	Fish Tale New Prague	10:30 am
Dec. 11	Original Pancake House, Burnsville	10:30 am
Jan. 8	Trail Stop Tavern, Eagan	10:30 am
Jan. 12	Lucky 13 Pub, Burnsville	10:30 am

Get your Metro Dining Club cards! These buy one, get one free coupons are good at 133 restaurants located throughout the Twin Cities Metro Area. Each card can be used one time a month until October 2026. At only \$30 they make great gifts. Pick yours up at the Rambling River Center, 325 Oak St. today! Proceeds benefit the Rambling River Center.



### Don't forget!

**Fall Migration Tour**  
**Monday, Nov. 10**  
**Bus Leaves 8 am**

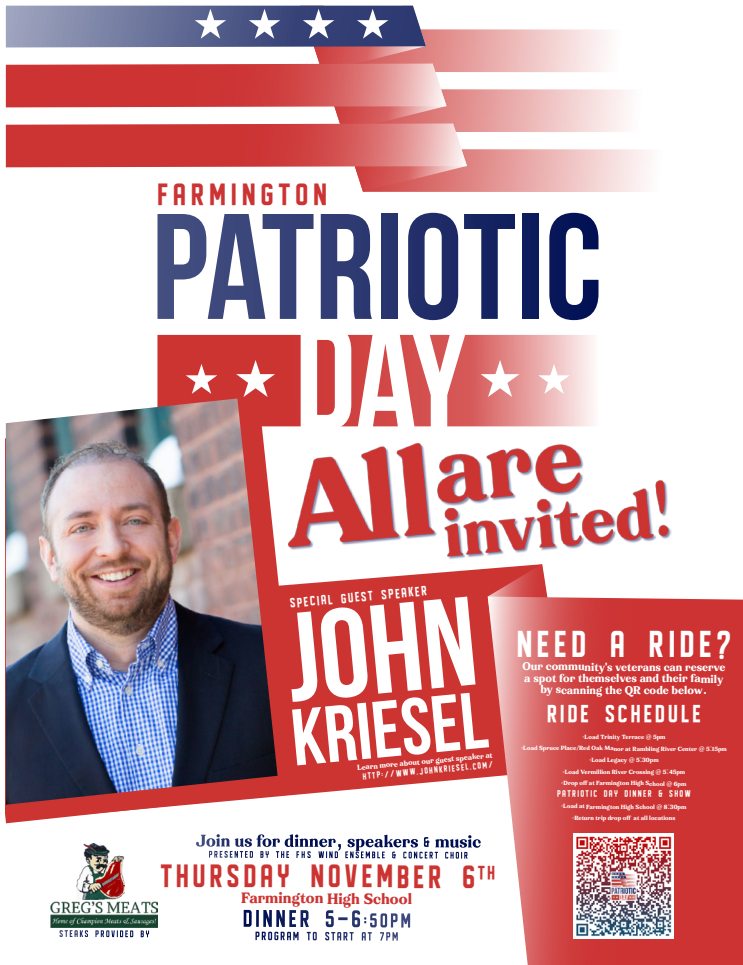
**"A Christmas Carol" Guthrie Theater**  
**Thursday, Dec. 4**  
**Bus Leaves 11:30 am**

## Union Depot & Ramsey Courthouse★★★

### Motorcoach

Join us for a docent-led tour of the architecturally stunning Ramsey County Courthouse and Saint Paul City Hall. This 21-story Art Deco skyscraper continues to serve as the main location for Minnesota's Second Judicial Court and City Hall. The building's exquisite details, include The Vision of Peace, the world's largest carved onyx statue. Lunch will be at the Eating House choose from a cheddar cheeseburger or a cranberry turkey sandwich. We will then tour St. Paul's elegant Neo-Classical Union Depot Completed in 1926, it was the largest construction project of the 20th century in St. Paul. Total time of standing and walking during both tours is approximately 2.5 hours. Walkers, canes and collapsible wheelchairs are encouraged and welcomed.

Day	Date	Time	Deadline	Cost
Th	Jan. 29	9 am - 3:30 pm	Jan. 5	\$92 m , \$102nm



**FARMINGTON PATRIOTIC DAY**

**All are invited!**

SPECIAL GUEST SPEAKER  
**JOHN KRIESEL**

Learn more about our guest speaker at [HTTP://WWW.JOHNKRIESEL.COM/](http://www.johnkriesel.com/)

**NEED A RIDE?**  
Our community's veterans can reserve a spot for themselves and their family by scanning the QR code below.

**RIDE SCHEDULE**

Local Trolley Tour (2:00pm)  
Local Spirit Place (Old Oak House) at Rasmussen River Center (2:30pm)  
Local Lodge (3:30pm)  
Local Veterans Home (3:45pm)  
Drop off at Farmington High School (4:00pm)  
**PATRIOTIC DAY DINNER & SHOW**  
Local at Farmington High School (5:30pm)  
Return to drop off at all locations

Join us for dinner, speakers & music  
PRESENTED BY THE FHS WIND ENSEMBLE & CONCERT CHOIR  
**THURSDAY NOVEMBER 6TH**  
Farmington High School  
**DINNER 5-6:50PM**  
PROGRAM TO START AT 7PM

**GREG'S MEATS**  
Steaks Provided by



## "The Peking Acrobats" ★★ Sheldon Theater, Red Wing

**RRC Van**

Performing daring maneuvers atop a precarious pagoda of chairs and displaying their technical skills at trick-cycling, precision tumbling, juggling, somersaulting, and gymnastics. They push the limits of human ability, defying gravity with amazing displays of contortion, flexibility, and control. Dinner will be on your own.

Day	Date	Time	Deadline	Cost
F	Feb. 13	4:30 - 10 pm	Feb. 2	\$61m , \$71 nm

## Murder Mystery Afton House Inn ★★

**Motorcoach**

Arrive in the charming village of Afton, MN, at the historic Afton House Inn overlooking the scenic St. Croix River Valley. Guests will be seated in the elegant Wheel Room or Pennington Room, where antique charm meets modern comfort. Upon arrival, each guest will receive a role in the interactive murder mystery play. As the story unfolds, you'll work to clear your own name by questioning others and uncovering their motives and opportunities. Whether you choose to be an active participant or a keen observer, prepare for two hours of laughter, intrigue, and suspense—all while enjoying a delicious roast pork loin luncheon. An unforgettable afternoon of mystery, dining, and fun awaits!

Day	Date	Time	Deadline	Cost
Th	Feb. 12	10 am - 2:30 pm	Jan. 12	\$100 m , \$110 nm

## Activity Level Scale

This scale is an approximate guide of the activity and physical ability required for a class or a trip.

★ = **Passive**

★★ = **Active**

★★★ = **Vigorous**

## "Kicking It Irish"

### Sheldon Theater, Red Wing★★

**RRC Van**

This high-energy celebration of music and dance has deep roots in tradition. You'll see world class dancers backed by an elite international band. This is the next generation of Riverdance!-Dinner will be on your own.

Day	Date	Time	Deadline	Cost
Sa	March 14	4:30 - 10 pm	March 2	\$61m , \$71 nm

# HEALTHY LIVING



## My Rambling River Story

### Rhoda Rotzien

If you have heard a loud hello and some laughter it may be Rhoda. Rhoda feels the Rambling River Center is a good place to come and she enjoys everything about it. She has been doing SAIL, Sit & Get fit, and some yoga



classes. Those classes along with walking has helped her to lose weight and keep it off. She enjoys making cards and crafts and if you have been in the RRC when she's here she has probably given you one. As she says with a smile she "gives herself away". Say "Hi" to Rhoda the next time you see her at the Center.

## Volunteer with MN Hospice

Serve your community with passion and purpose, explore the meaningful work of a hospice volunteer! If this is something you would be interested contact MN Hospice at 952-898-1022 for more information. You can check them out at [minnesotahospice.com](http://minnesotahospice.com).



## Free Member Fitness Classes

Day	Class	Time	Instructor
M/Th	Core 2nd M each month no instructor	10 am	Jeff Spillman
M	Walk/Bike/Ski no class 2nd M each month	11 am	Jeff Spillman
Tu/F	SAIL	9 am	Mary Garlets
W	Chair Yoga	10:15 am	Stacey Popp
W	Move with Mary	11:30 am	Mary Garlets
W	Cardio Strength	1 pm	Stacey Popp
Th	Sit & Get Fit	9 am	RRC Volunteer
Th	Meditation	11 am	Beth Abkes-Moore

## Biking/Walking/Ski Club

Activity is weather dependent. Biking participants must have a bike and helmet. We will meet at the RRC green space on the west side of building each Monday to discuss location.

Instructor: Jeff Spillman			
Various Trails call 651-280-6970 for weekly location			
Day	Date	Time	Cost
M	Ongoing	11 am	Free m, \$6 nm

## Why Sail?

### SAIL = Stay Active and Independent for Life

SAIL was developed as a result of the Washington State Department of Health's Senior Falls and Prevention Staff and funded by the Centers for Disease Control and Prevention. It Works - You will be stronger. It's Fun - You will make new friends. It's Safe- Instructors are trained RSVP and VOA Wellness Leaders



Instructor: Mary Garlets			
Day	Date	Time	Cost
Tu/F	Ongoing	9 am	Free m, \$6 nm

## The Foot Nurse

### Mobile Foot Care By Registered Nurses

They will trim toenails, manage fungal nails, reduce corn/callus, and provide diabetic foot care. Call them to schedule your appointment at 651-829-3944. A price increase is planned for January 2026, \$70 for members and \$75 for non-members.

Day	Date	Time	Cost
Nov. 10	Ongoing	Varies by appointment	\$60 m
Dec. 9			\$65 nm

**Fitness Center Orientation**  
**Thursdays at 11:30 am**  
**Please RSVP 651-280-6970**

## Meditation

We will discuss the benefits of meditation and how to practice it. Then we will go into a 20-30 minute meditation together. Peace can be amplified with more people, so join us for your health and wellness.

Instructor: Beth Abkes-Moore			
Day	Date	Time	Cost
Th	Ongoing	11 am	Free m, \$6 nm

## Yoga

The beauty of yoga practice - whether it's your first time or your 20th year, you always start with what you have and nothing more. Room will vary.

Instructor: Jessica Christenson			
Day	Date	Time	Cost
W	Nov. 5, 12, 19, 26	5 pm	\$28 m, \$38 nm
W	3, 10, 17, 31 skip 24	5 pm	\$28 m, \$38 nm

Instructor: Stacey Popp			
Day	Date	Time	Drop In Cost
F	Ongoing	1 pm	\$5 m, \$8 nm

## Sit & Get Fit

Chair exercises are beneficial to build strength, improve, flexibility and enhance mobility while providing a stable base support.

Instructor: RRC Volunteer Instructors			
Day	Date	Time	Cost
Th	Ongoing	9 am	Free m, \$6 nm



## Zumba Gold

Zumba Gold is an easy-to-follow program that lets you move to the beat at your own speed. The Zumba Gold Live it Up! System is the total-body wellness program that feels like a party while it revitalizes your mind and body. No dance experience is necessary.

Instructor: RRC Volunteer Instructors		
Day	Time	Cost
M	11 am	\$5 m, \$8 nm

# PROGRAMS

## Veteran's Thank You Coffee

Let us recognize Veterans for your service with coffee and treats on us at the Rambling River Center.

Day	Date	Time	Cost
M	Nov. 10	8:30 am	Free

## Don't Get Scammed

### Presentation by Operation Shamrock

Join Kindahl for a presentation on current cyber and cryptocurrency scams affecting the citizens of MN. These crimes use emotional manipulation and trust-building to lure victims into fraudulent investment schemes and fake romances. They impersonate authority and offer fake jobs. These scams result in devastating financial losses to the victim along with overwhelming emotional distress. Kindahl will discuss the tactics used by these scammers, safety measures to prevent being scammed, and resources for victims of scams. Operation Shamrock's important work is focused to educate the public, mobilize resources, and disrupt these criminal networks.

Day	Date	Time	Cost
Th	Nov. 13	1 pm	Free m, \$6 nm

## Trains and Treats

### Sponsored by the Rambling River Model Railroad Club.

All aboard, the next stop is the RRC for a fabulous train display and tasty Twinkie trains (\$5). Come visit with Santa.

Day	Date	Time	Cost
Sa	Nov. 29	Trains 9 am - noon, Santa at 10:30 am	Free to enter, Twinkie Train Craft (\$5)

## Mexican Train Dominos

This is a game played with a set of double-six dominoes. The main objective is to be the first player to play all your dominoes.

Day	Date	Time	Cost
W	Ongoing	2 pm	Free m, \$6 nm



## Rae of Sunshine Flower Co. Workshop

### Elegant Compote Vase

This project would highlight movement and texture and could be done with foam or wire. We will talk about the pros and cons of each in the class

Day	Date	Time	Cost
M	Dec. 8	1 pm	\$60 m, \$66 nm

**Coloring is moving to Fridays at 1 pm.**

## Book Club

Love to read and chat about great stories? Come join our book club! We meet monthly to discuss books, share ideas, and enjoy each other's company. Everyone is welcome bring a friend!

Free m, \$6 nm			
Day	Date	Time	Book
W	Nov. 19	2 pm	"The Clue in the Diary" by Caroline Keene
W	Dec. 17	2 pm	"Peace Like a River" by Leif Enger





## Holiday Bingo

**Sponsored by Finch and Daisy**

Play Bingo with Santa and enjoy a special treat, courtesy of Finch and Daisy.

Day	Date	Time	Cost
F	Dec. 19	10:30 am	Free m, \$6 nm

## Coffee Cafe Now Open

Free and open to everyone! We will enjoy treats, conversation and of course coffee. A great way to meet new people.

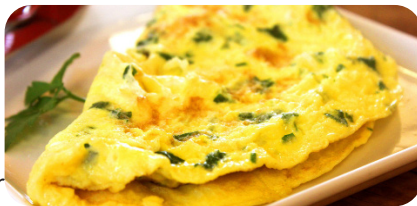


Day	Date	Time	Cost
F	Dec. 12-Mar. 27	9-10 a.m.	Free

**Check the calendar for regularly scheduled activities like cards and coffee.**

## The Son's of the American Legion Omelet Breakfast

Pay at the door – Includes made to order omelet, cheesy potatoes, toast, juice, and coffee. Proceeds benefit the Rambling River Center.



Farmington VFW, 421 Third St.			
Day	Date	Time	Cost
Tu	Jan. 11	8 am - 12 pm	\$15 Adults, \$13 62+ & VETS

## Thursdays with a Movie

This is a great event to invite your friends to, all the movies are free.

Rambling River Center, 325 Oak St.		
Date	Movie	Time
Nov. 20	"Home for Harvest Big-city career woman named Jessica, played by Brigitte Kingsley, reluctantly returns to her small hometown for Thanksgiving after inheriting her family's farm. As she attempts to prepare the property for sale, unexpected friendships and a budding romance with a local farmer,	1 pm
Dec. 18	"Red One" After Santa Claus - Code Name: RED ONE is kid-napped, the North Pole's Head of Security ( Dwayne Johnson) must team up the with worlds most infamous bounty hunter on a mission to save Christmas	1 pm

## Mahjong

Calling all those who want to play or learn to play Mahjong! It is a game of skill, strategy, and luck, and has become popular worldwide. The game involves matching tiles to form sets and sequences.

Day	Date	Time	Cost
M	Ongoing	9 am	Free m, \$6 nm

# NOVEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 Coffee Guys 9:00 MahJong 10:00 Core 11:00 Zumba Gold 11:00 Walk/Bike/Ski 12:00 Recycled Cards 12:30 Dulcimers	<b>4</b> Election 9:00 SAIL 11:00 Women's Coffee 1:00 Woodcarvers	<b>5</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 2:00 Mexican Train 5:00 Yoga	<b>6</b> CLOSED FOR ELECTRICAL WORK 5:00 Patriotic Night	<b>7</b> CLOSED FOR ELECTRICAL WORK
<b>10</b> 7:30 The Foot Nurse 8:00 Fall Migration Tour 8:30 Veteran's Coffee 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 9:30 Advisory Board Meeting 10:00 Core 11:00 Zumba Gold 11:00 Walk/Bike/Ski 12:00 Recycled Cards 12:30 Dulcimers	<b>11</b> CLOSED	<b>12</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 2:00 Mexican Train 5:00 Yoga	<b>13</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 11:00 Let's Make Music 11:00 Mediation 11:30 Fitness Orientation 12:00 Ross Sutter Mini Concert 1:00 Let's Make Musi 1:00 Don't Get Scammed 7:00 Model Railroad Club	<b>14</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:00 Embroidery 10:30 Bingo 1:00 Coloring 1:00 Yoga
<b>17</b> 9:00 Day Old Bread 9:00 MahJong 10:00 Core 11:00 Zumba Gold 11:00 Walk/Bike/Ski 12:00 Recycled Cards 12:30 Dulcimers	<b>18</b> 9:00 SAIL 11:00 Women's Coffee 1:00 Woodcarvers 3:00 Open Door	<b>19</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 2:00 Book Club "The Clue in the Diary" 2:00 Mexican Train 5:00 Yoga	<b>20</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 10:30 Fish Tale 11:00 Mediation 11:30 Fitness Orientation 1:00 Movie "Home for the Harvest"	<b>21</b> 9:00 Coffee Guys 9:00 SAIL 10:00 Cribbage 10:30 Bingo 1:00 Coloring 1:00 Yoga
<b>24</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Core 11:00 Zumba Gold 11:00 Walk/Bike/Ski 12:00 Recycled Cards 2:30 Dulcimers	<b>25</b> 9:00 SAIL 11:00 Women's Coffee 1:00 Woodcarvers	<b>26</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 2:00 Mexican Train 5:00 Yoga	<b>27</b> CLOSED	<b>28</b> CLOSED

# DECEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Core 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards 12:30 Dulcimers	<b>2</b> 9:00 SAIL 11:00 Women's Coffee 1:00 Woodcarvers	<b>3</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardio 2:00 Mexican Train 5:00 Yoga	<b>4</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 11:00 Mediation 11:30 Fitness Orientation	<b>5</b> 9:00 Coffee Guys 9:00 SAIL Empire Rm 10:00 Cribbage 10:30 Bingo 1:00 Coloring 1:00 Yoga
<b>8</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 9:30 Advisory Board Meeting 10:00 Core 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards 12:30 Dulcimers 1:00 Rae of Sunshine Elegant Vase	<b>9</b> 7:30 The Foot Nurse 9:00 SAIL 11:00 Women's Coffee 1:00 Woodcarvers	<b>10</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:15 Chair Yoga 11:30 Move with Mary 1:00 Cardiol 2:00 Mexican Train 5:00 Yoga	<b>11</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 10:30 Original Pancake House 11:00 Mediation 11:30 Fitness Orientation 7:00 Model Railroad Club	<b>12</b> 9:00 Coffee Guys 9:00 SAIL 9:00 Coffee Cafe 10:00 Cribbage 10:30 Bingo 1:00 Coloring 1:00 Yoga
<b>15</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Core 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards 12:30 Dulcimers	<b>16</b> 9:00 SAIL 11:00 Women's Coffee 11:00 Rotary & Seniors Holiday Party 1:00 Woodcarvers 3:00 Open Door	<b>17</b> 9:00 Day Old Bread 9:00 Coffee Guys 11:30 Move with Mary 1:00 Cardio 2:00 Book Club "Peace Like a River" 2:00 Mexican Train 5:00 Yoga	<b>18</b> 9:00 Sit & Get Fit 10:00 Pinochle 10:00 Core 10:30 Mississippi Pub 11:00 Mediation 11:30 Fitness Orientation 1:00 Movie "Red One"	<b>19</b> 9:00 Coffee Guys 9:00 SAIL 9:00 Coffee Cafe 10:00 Cribbage 10:30 Holiday Bingo 1:00 Coloring 1:00 Yoga
<b>22</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:00 Core 9:00 MahJong 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards 12:30 Dulcimers	<b>23</b> 9:00 SAIL 11:00 Women's Coffee 1:00 Woodcarvers	<b>24</b> CLOSED	<b>25</b> CLOSED	<b>26</b> 9:00 Coffee Guys 9:00 SAIL 9:00 Coffee Cafe 10:00 Cribbage 10:30 Bingo 1:00 Coloring 1:00 Yoga
<b>29</b> 9:00 Day Old Bread 9:00 Coffee Guys 9:00 MahJong 10:00 Core 11:00 Walk/Bike/Ski 11:00 Zumba Gold 12:00 Recycled Cards 12:30 Dulcimers	<b>30</b> 9:00 SAIL 11:00 Women's Coffee 10:00 Embroidery 1:00 Woodcarvers	<b>31</b> 9:00 Day Old Bread 9:00 Coffee Guys 10:00 Newsletter Mailing Prep 11:30 Move with Mary 1:00 Cardio 1:00 Coloring 2:00 Mexican Train 5:00 Yoga n		

# HOLIDAY EVENTS



## Secret Holiday Shop

Children shop, wrap and label their own gifts with assistance from volunteers. It is so much fun! No parents allowed\*

Rambling Riuver Center, 325 Oak S T		
Day	Date	Time
Sa	Dec. 6	9 am - 12 pm

**Volunteers are needed for both the Secret Holiday Shop and the Toys for Town event. Please consider helping out. It is a fun way to give back!**

## Toys for Town

Toys for Town is an annual drive organized by the Farmington Police Department to help make the holiday season special for children in our community. Unwrapped gift donations will be collected at local businesses and City of Farmington buildings. Monetary donations will be accepted at the Police Department and City Hall. Local families will receive groceries and gifts for their children. Volunteer wrappers are just asked to show up. Call the department for additional details at 651-280-6700. Requests if your family is in need of this program, the department will accept request calls starting Monday, Nov. 4 through Friday, Dec. 6 at 651-280-6TOY (6869) or email [Toys4Town@FarmingtonMN.gov](mailto:Toys4Town@FarmingtonMN.gov).

## Wrapping Day

Farmington High School, 20655 Flagstaff Ave.		
Day	Date	Time
Sa	Dec. 13	9 am to noon

## Holiday Lighted Parade & RRC Tour

The second annual Holiday Lighted Parade will be held Saturday, Dec. 6 at 7 pm in downtown Farmington! The Rambling River Center will be open as a place to get warm, enjoy some cider and a tasty treat or two. We will ask for a goodwill donation for the treats. If you can donate baked good to serve or help us dcorate our windows for the parade please call us at 651-280-6970

City Hall, 325 Oak St. Enter west side of building in parking lot.		
Day	Date	Time
Sa	Dec. 6	6-8 pm



## Holiday Lights Tour

Let your inner Clark Griswold out this holiday season by being a part of our fourth annual Holiday Lights Tour! Residents can sign up their house for the tour starting Monday, Oct. 21. We will be putting together a virtual map of all of the festive and decked out homes that residents can take a tour of! The deadline to sign up is Monday, Nov. 18. Houses must have their decorations ready for the tour by Monday, Dec. 2. Visit [FarmingtonMN.gov](http://FarmingtonMN.gov) for more details.

# SPONSORS

## CASTLE ROCK BANK



You know us,  
we know you  
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22140 Chippendale Ave. W.  
Farmington, MN  
651-463-4014

Castle Rock Office  
27925 Danville Ave.  
Castle Rock, MN  
651-463-7590

Randolph Office  
3190 290th St. E  
Randolph, MN  
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18350 Pilot Knob Rd.      Senior Days  
651-280-6920      Tues, Wed, & Thurs.  
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## Medicare Made Simple

### MEET IN-PERSON WITH A COUNSELOR

Schedule a one-hour meeting to get answers to your questions. Our Medicare counselors are trained and certified by the Senior LinkAge Line.



The Senior LinkAge Line® is a free, statewide service of the Minnesota Board on Aging in partnership with Trellis, the area agency on aging for the Twin Cities metro area.



**MEDICARE COUNSELING AVAILABLE NOW**  
Schedule an appointment at [trellisconnects.org/medicareapp](http://trellisconnects.org/medicareapp)  
Call us at 800-333-2433 or TTY 711



# MINNWEST BANK®



# ZUMBA®

gold



Zumba® Gold was designed for the active older adult, the true beginner, and/or people who are not used to exercising, or people who may be limited physically. Zumba Gold is done at a much lower intensity. Same great Latin styles of music and dance are used. Zumba® Gold classes strives to improve our balance, strength, flexibility and most importantly, the heart.

WOWIFITNESS Zumba Gold Instructors

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Farmington, MN 55024

City of Farmington  
Rambling River Center  
325 Oak Street  
Farmington, MN 55024

# HAPPY BIRTHDAY

## NOVEMBER

- 1 Rich Cowles
- 1 Phyllis Kirchner
- 1 Marie Loven
- 1 Sharon Schiller
- 2 Lucy Hadler
- 4 Marilyn Briesacher
- 4 Wayne Jesberger
- 6 Beth Abkes-Moore
- 6 Rachel Edwards
- 6 Gary Smith
- 7 Julie Cook
- 7 Maureen Kunde
- 10 Robert Falk
- 10 Pat Schwarting
- 11 Greg Gulsvig
- 12 Linda Landwehr
- 12 Paul Olson
- 13 Twila Lindemanlinder
- 15 Cindy Se
- 17 Eva Engman
- 17 Kristin Gifford
- 17 Joseph Pawlowski
- 18 Jody Offenbacher
- 19 Catherine Carenito
- 19 Heather Herring
- 19 Pam Rechtziegel
- 20 Keira Cowles
- 21 Bob Weber
- 22 Jerry Mattson
- 21 Marlene Rudolph
- 23 Carol Eide
- 24 Sue Perro
- 24 Cynthia Tovsen
- 25 Norman Muzzy
- 28 Carolyn Ryan
- 28 Larry Smith
- 28 Shelby Dowd
- 29 Carole Hansen
- 30 Rhonda Boisvert
- 20 Brian Egesdorf
- 30 Catherine Lajiness

## DECEMBER

- 1 Michael Hawke
- 1 Lisa Mason
- 2 Jerry Bauer
- 2 Kristen Fritz
- 3 Jennye Croft
- 3 Bernadine May
- 4 Joyce Anderson
- 4 Timothy Warmer
- 6 Jean Weierke
- 8 Mary Asher
- 8 Cynthia Jesberger
- 9 Vicky Hudson
- 11 Paula Higgens
- 12 Frederick Clark
- 12 Jerry Rich
- 12 Joe Tucker
- 14 Jim Czech
- 14 Debbie Wokson
- 15 Melodee Miller
- 15 Dave Stanek
- 16 Terry Collins
- 16 Marlene Elliot
- 16 Roger Schmidt
- 17 Trudy Mathhys
- 17 Donna Limback
- 18 Evelyn Hermanson
- 19 Sanford Gades
- 18 Judy Moe
- 19 Jerry Ecklund
- 19 Nancy Gustafson
- 19 Del Linkert
- 19 Terry Krei
- 20 Linda Ross
- 23 Mark Blakstad
- 23 Beverly Kisch
- 24 Merry Briner
- 25 Mary Czech
- 25 Jon Lausch
- 25 Pat Ostlie
- 28 Robert Pearson
- 30 Cindy McMillen
- 31 Marilyn Grondine
- 31 Beth Grun